

PERSONAL INFORMATION

Lidija Šoher



📍 Dubrovačka 3, 10310 Ivanić - Grad (Croatia)

✉ lidija.soher@ptfos.hr

Sex Female | Date of birth 12/03/1989

WORK EXPERIENCE

2018–Present

Assistant

Faculty of Food Tehnology Osijek, Osijek

Department of Food and Nutrition research

Sub-department of Nutrition

2017–2018

Assistant

Faculty of Food Tehnology Osijek, Osijek

Department of Food and Nutrition research

Sub-department of Food quality

EDUCATION AND TRAINING

2019–Present

Faculty of Food Technology Osijek, Osijek (Croatia)

Postgraduate doctoral study "Food Technology and Nutrition"

- major: Nutrition

2014–2016

Master of Food Science and Nutrition

Faculty of Food Technology Osijek, Osijek (Croatia), Osijek

Graduate study in nutrition and food science (121 ECTS)

Graduate thesis: Caloric value and nutritional composition assessment of menus in Lepoglava Penitentiary

2007–2010

BSc of Food Technology (Baccalaurea)

Polytechnic in Požega, Požega

Professional study programme of food technology (180 ECTS)

PERSONAL SKILLS

Mother tongue(s)

Croatian

Foreign language(s)

UNDERSTANDING	SPEAKING	WRITING

	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B1	B1	B1
German	A1	A1	A1	A1	A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills Good communication skills gained during study and work at the faculty and volunteering at professional conferences.

Organisational / managerial skills Responsibility, resourcefulness in the new environment, flexibility and a tendency to teamwork.

Participation and assistance in organization International Congress of Nutritionists and various workshops within the faculty (Science Festival, Night of Science).

Job-related skills Laboratory work - experience gained through studying, work at the faculty and by conducting practical laboratory classes

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem-solving
Independent user	Independent user	Basic user	Basic user	Basic user

Digital skills - Self-assessment grid

ADDITIONAL INFORMATION

Honours and awards 2017. Dean's Award for Best Achievement in the Generation 2015./2016.

2016. winner of Josip Juraj Strossmayer University of Osijek excellence scholarship

Memberships Active member and volunteer at "Nutricionizam Balans", Osijek